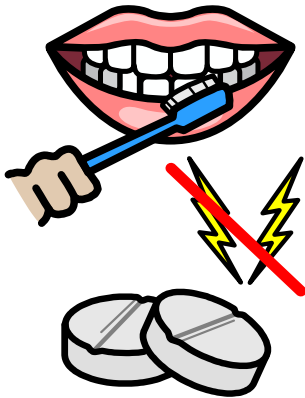


Post Extraction Instructions

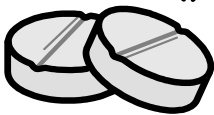
On the day:



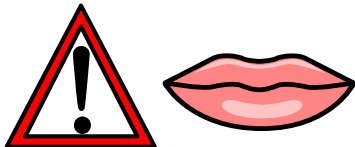
Eat Soft foods



Gently brush your teeth



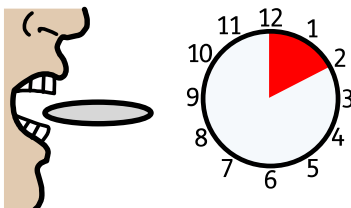
Take regular painkillers



Avoid biting cheek and lips

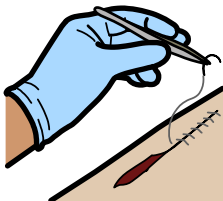
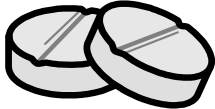


Do not rinse



If active bleeding, bite firmly on clean gauze for 10 minutes

For the next 2 days:



Eat Soft foods

Take regular painkillers

Gently brush your teeth

Mouthwash with warm salty
water 2-3 times a day

Leave any stitches alone,
they will disappear in 3
weeks

**If you have any concerns, call
us on:**

0300 247 0085

